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To give to

Intro verse: Titus 3:4-8

Rhythms of the Kingdom (Examples)

- The Rhythms of rest - The sabbath (Exodus 20:8, Exodus 31:17)
- The Rhythm of Remembrance (Exodus 12:14)
- The Rhythm of Celebration
 - o Feast of unleavened bread (Exodus 23:15)
 - o Feast of weeks (Pentecost) (Exodus 23:16)
 - o Feast of booths (Tabernacles (Leviticus 23:34-43)

Review

W1: Rhythms of the church

W2: Rhythms of a Disciple

W3: Rhythms of growth (Spiritual Maturity)

SAVED FROM SOMETHING & FOR SOMETHING

- We are saved by grace through faith for good works. (Eph 2:8-9)
- All who believe and declare will be saved. (Romans 10:9-11)
- Our standing before him because of Christ is flawless. (Col 1:21-23)
- Those who love him will obey him. (John 14:23)
- We are bond servants. (Philippians 1:1)
- Called to be and to make disciples (Matthew 28:18-21)

RYTHMS FOR SPIRITUAL GROWTH & MATURITY

What did Jesus do?

Share: He shared with a dying world, making disciples of all nations.

- Matthew 9:35-36
- 1 Thessalonians 2:8
- 1 Peter 2:9

Connect: As he shared, he invited people to come follow him and be disciplined by him in a relational environment. He was an intentional leader who connected with them and loved them.

- 2 Timothy 2:1-2

Minister: In small groups he trained disciples to minister in the church, and in the world. We will teach others what it means to be a disciple of Jesus.

Disciple: He released those who had been developed to make disciples of others.

- Colossians 1:28

Christ becomes our life

- Colossians 3:1-5

STAGES OF GROWTH

1 John 2:12-14

I am writing to you who are God's children because your sins have been forgiven through Jesus.¹³ I am writing to you who are mature in the faith because you know Christ, who existed from the beginning. I am writing to you who are young in the faith because you have won your battle with the evil one.¹⁴ I have written to you who are God's children because you know the Father. I have written to you who are mature in the faith because you know Christ, who existed from the beginning. I have written to you who are young in the faith because you are strong. God's word lives in your hearts, and you have won your battle with the evil one.

- Dead
- Infant
- Child
- Young Adult
- Parent
- Phrases from the stages
- 1 Corinthians 13:1-7

Ephesians 3:16-20

¹⁶ I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. ¹⁷ Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. ¹⁸ And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. ¹⁹ May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. ²⁰ Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.

REAL LIFE CDA GROUP QUESTIONS:

- What stood out to you in this week's message?
- Why is it important to model how Jesus went about making disciples and helping people grow?
- Read 1 Thessalonians 2:8 Have you ever had someone share both truth and their life with you? What did they do that impacted you?
- What are some ways you share truth and your life with others? In what areas do you need to grow?
- Looking at Jesus's method of discipleship, which one is a strength for you and which one is a weakness? (*Share, Connect, Minister, Disciple*)
- Read 2 Timothy 2:1-2 Have you ever had people invest in you and disciple you? If so, what did that look like? If not, do you desire that?
- Do you have someone you are investing in and going through SCMD with? How is that going?
- Read 1 John 2:12-14 & Colossians 1:28 Why is it important to recognize that the Bible mentions different stages of spiritual maturity?
- What is our part and what is God's part when it comes to spiritually maturing and walking with Him?
- What does it mean to be spiritually mature? How does God define it?
- Looking at your own life, where do you see areas of growth, and where do you see areas you still need to grow?

